

Date month year

Dear [Click or tap here to enter text.](#)



Your Annual Health Check is due now.



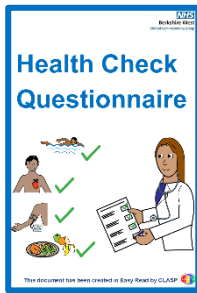
It will be different this year because of Covid-19.



The Health Check will be online using ZOOM or on the telephone.



You can choose to have your Annual Health Check face to face if you want to.



We have sent you a Health Check Questionnaire with this letter.



Fill in the Health Check Questionnaire.

Your carer could help you.



The Questionnaire is very long and it might take you a long time to fill it in



You can take a break and come back to it later if you need to



When you have finished filling in the questionnaire send it back to your doctor.



The doctor will phone you or send you a letter to make an appointment to finish your Annual Health Check.



Your Doctor will help you to fill in a Health Action Plan at your appointment.



Call us if you have any questions on

[Click or tap here to enter text.](#)